

# SURGEONS THE WAY OF LIFE



AL ORATION

5 MINUTES +  
CEREMONY)

A WAY OF LIFE

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- **Surgical Oncologist** - Guru Hospital, Madurai,
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- **EC Member** - Associations Of Surgeons Of India
- **Former Secretary** - Associations Of Surgeons Of India, TN Chapter
- **Treasurer** - Tamilnadu Associations Of Surgical Oncology
- **NABH Assessor**







வையத்துள்  
வாழ்வாங்கு  
வாழ்பவன்  
வான்உநறியும்  
தெய்வத்துள் வைக்கப்  
படும்.

• Dr. S Vittal





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# INTERNATIONAL AUTHORITY





**சமர்ப்பணம்**

# **MY FATHER - S . GURUSAMPILLAI HEAD MASTER**

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**MY Teacher**

**MY Mentor**

**MY Guide**

**MY Inspiration**





**I feel this house & my school days was happy moments**



# MOTHER KNOWN FOR HOSPITALITY





# GURU HOSPITAL MADURAI

I started  
this hospital  
in memory of  
my father







என்னை செதுக்கிய  
சிற்பிகள்





**HAPPY MEMORIES  
WITH MY MENTORS**





01.



Fact  
should know **FIRST**

SURGEONS  
அன்றும் -

இன்றும்

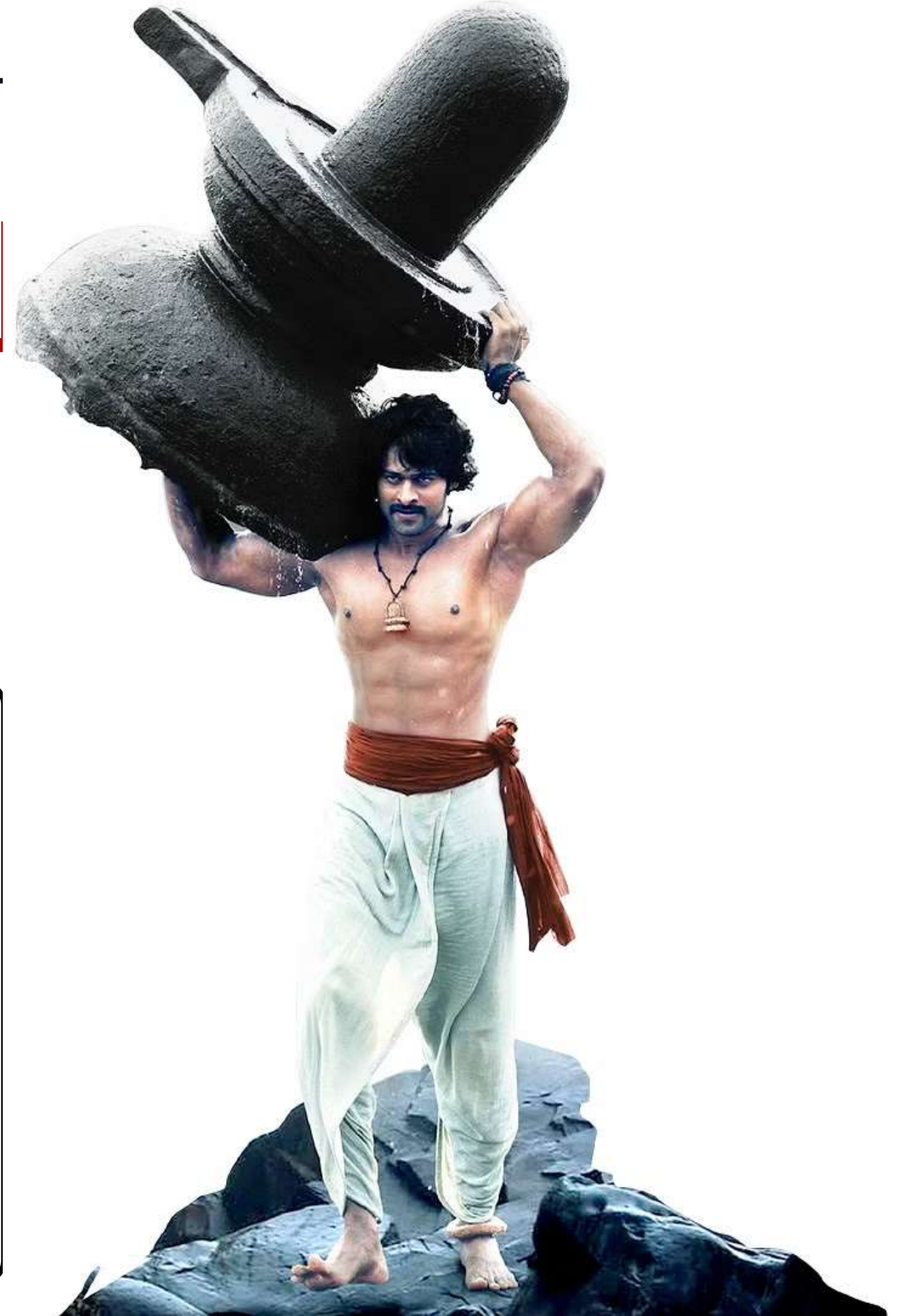


# SURGEONS

## அன்றும் - இன்று

PAST

They were once held in high regard  
and enjoyed certain privileges .



# SURGEONS

# அன்றும் - இன்று

**PRESENT**

Today the situation is different







**Your Position**

**GOVT. REGULATION**

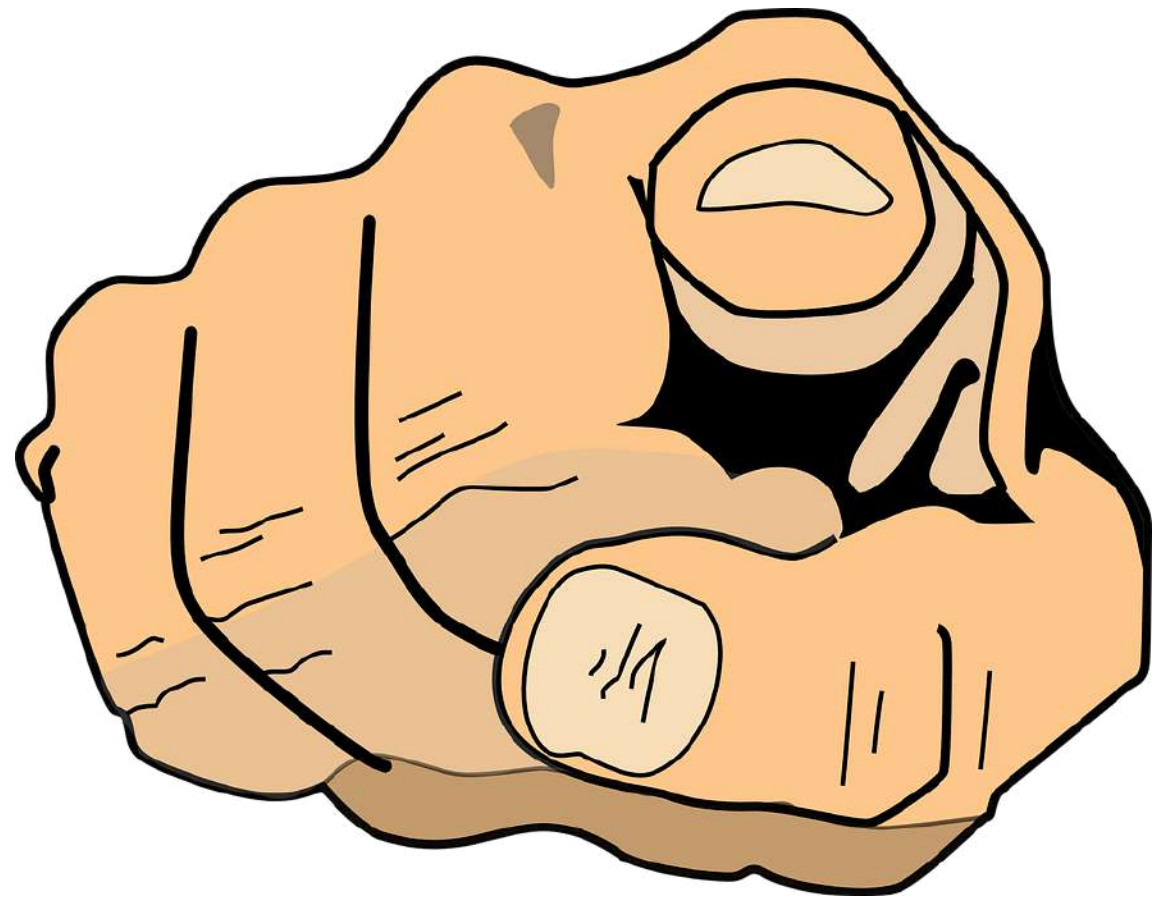
**PUBLIC ATTITUDE**

**STRESS**

**POOR PAYMENT**







It's your time to  
change the mindset





**“Innovation is the ability to  
see change as an opportunity  
and not as a threat”**

**-Steve Jobs**



CHANGE

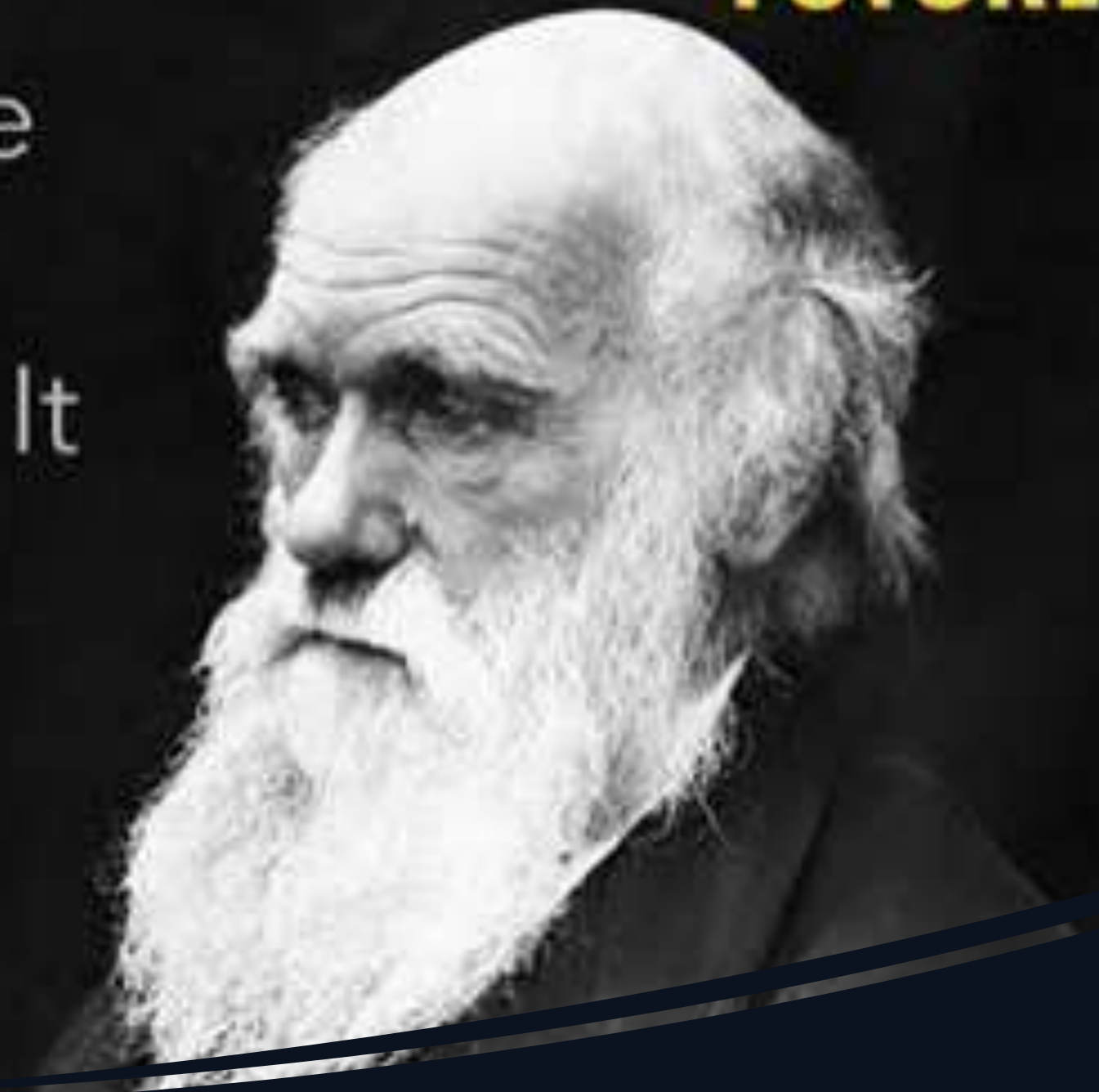
மாற்றம்  
ஒன்றே  
மாறாதது.





“ It is not the strongest of the species that survives, not the most intelligent that survives. It is the one that is the most adaptable to change.

– *Charles Darwin*



**SURVIVAL**



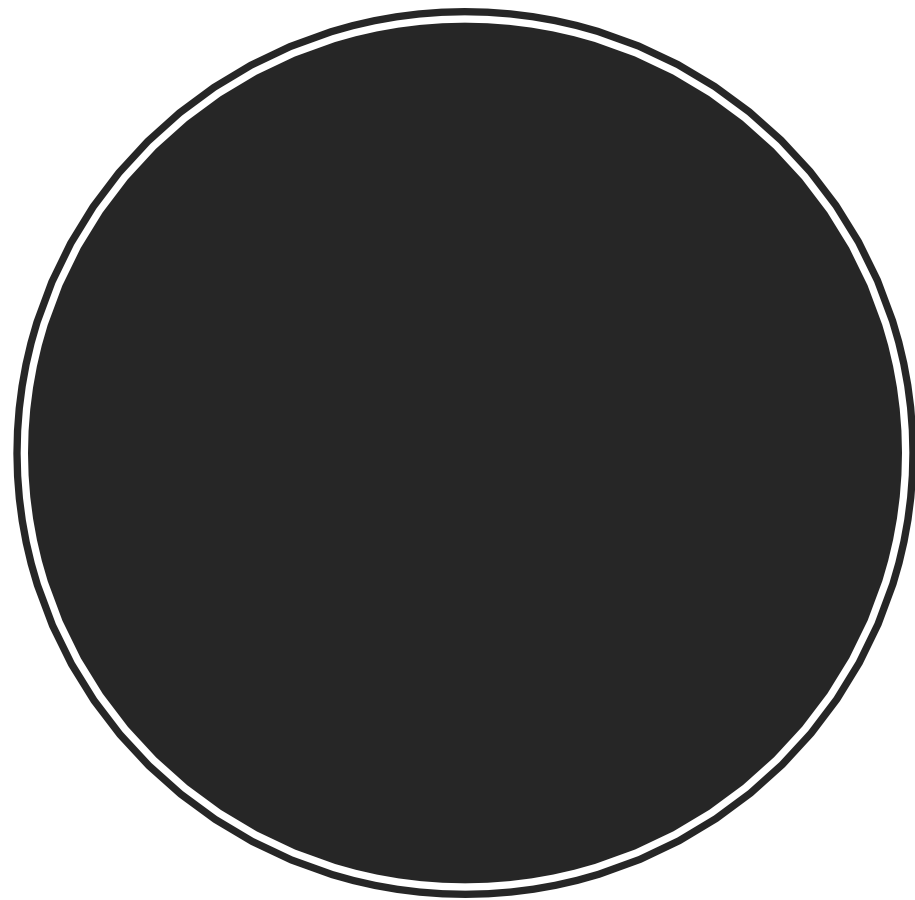


02.



# CHANGEING THE MINDSET





**DOCTOR 🏥 IS  
SECOND  
GOD IN EARTH**





# NEXT TO GOD





A pair of hands, one light-skinned and one dark-skinned, gently cradle a glowing, cracked Earth. The Earth is covered in a network of golden cracks and emits a warm, orange light. The background is a deep, dark space filled with stars and nebulae. The overall mood is one of care and protection.

# LIFE IS A GAME

FEARLESS SOUL - ITUNES, SPOTIFY



**You are responsible for your OUTCOME**

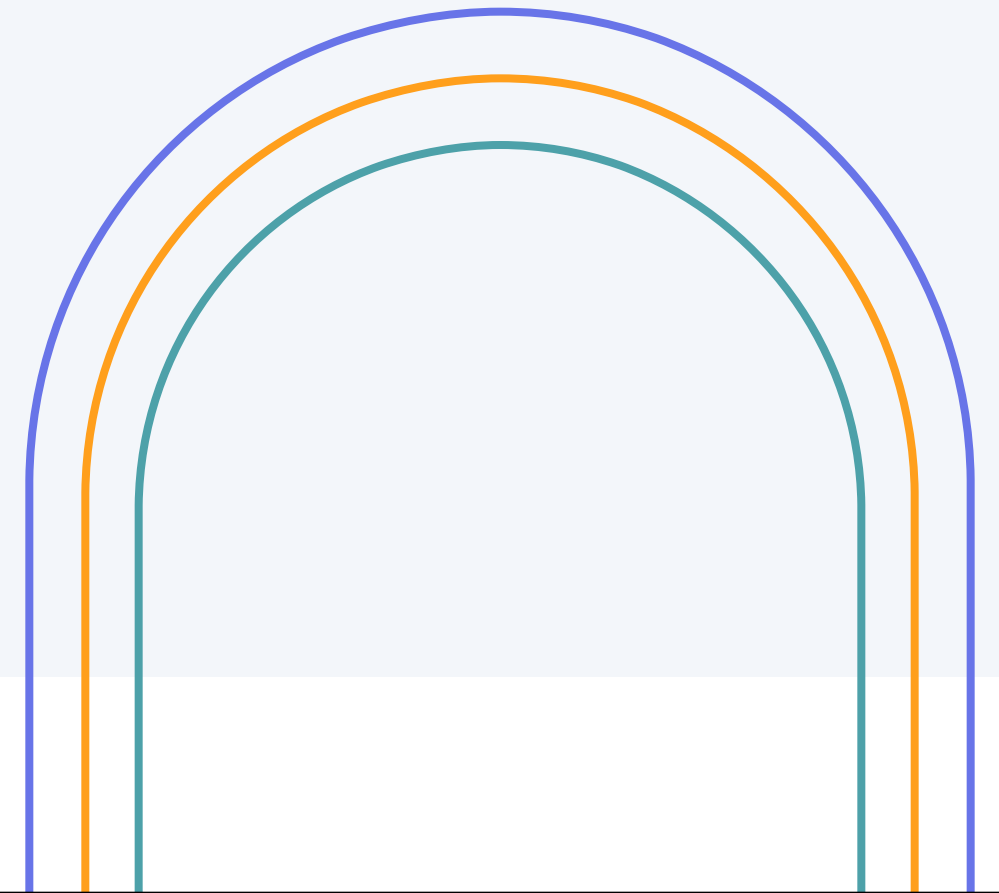
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**you have to do BETTER DEAL**  
**you know how to do PROFITABLE SALE**

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# IN LIFE

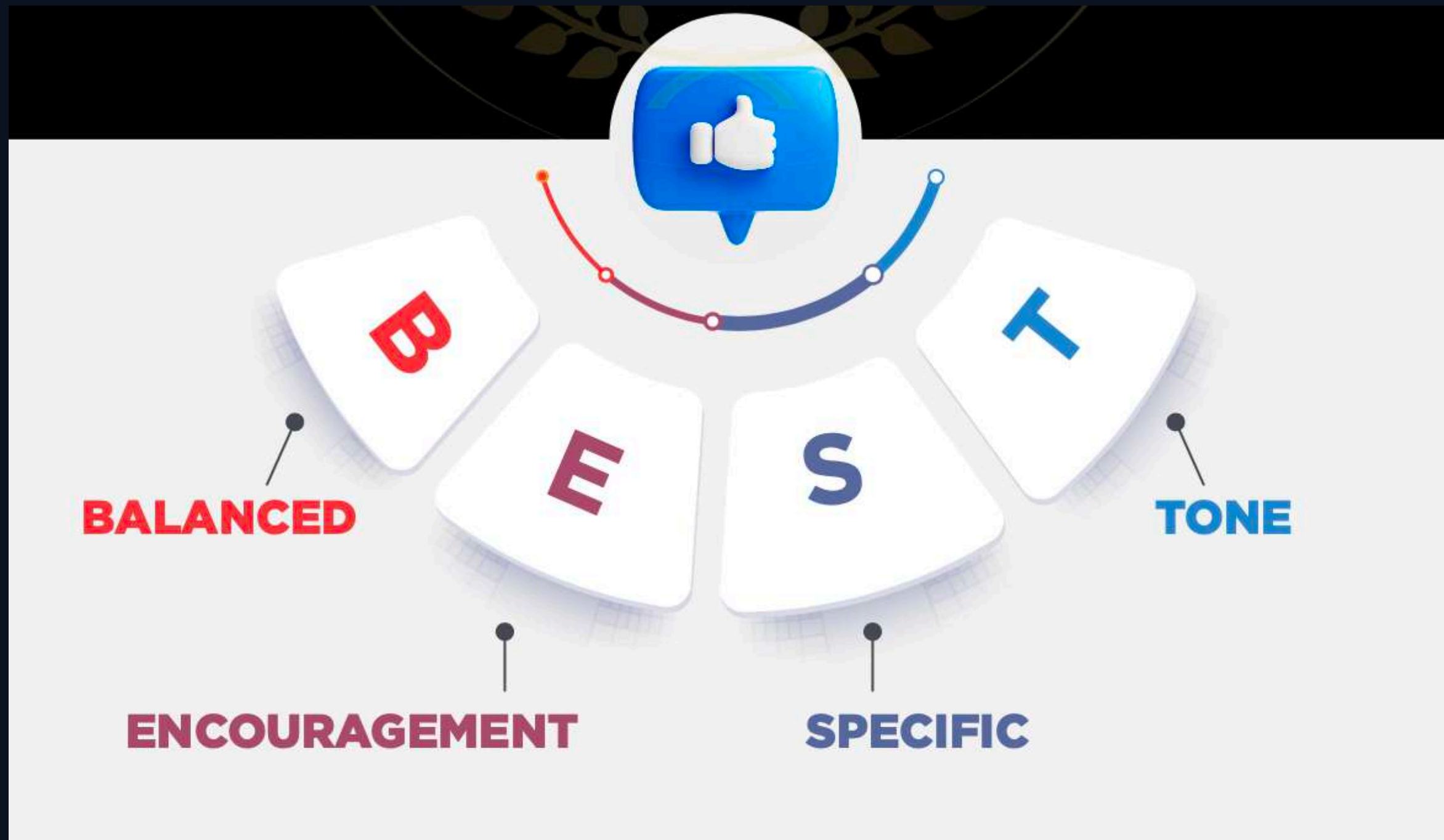
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Remember, each personnel is unique, and the implementation of the strategy should be tailored to its specific circumstances.



# WHY THIS PRESENTATION

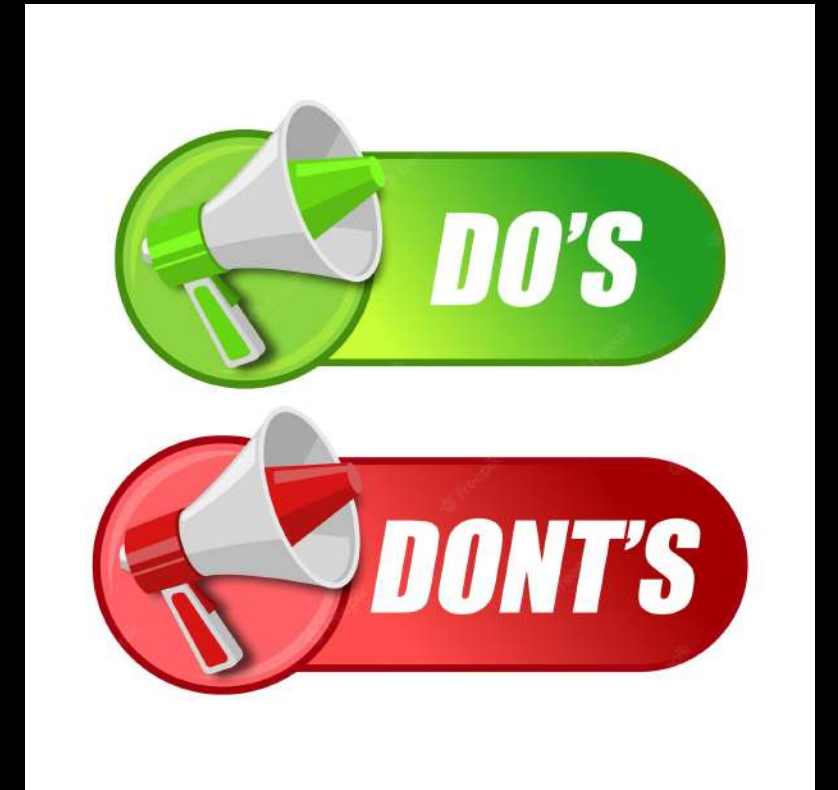
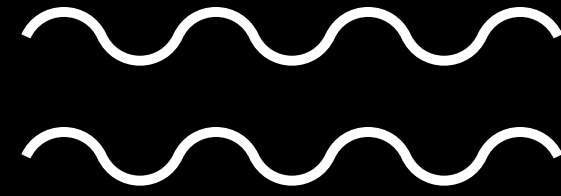
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Strategies for managing these challenges and creating a peaceful, high-quality life for surgeons



அவையுள்ள  
அல்ல  
செயக்கெடு  
ம் செய்துக்க  
செய்யாமை  
யானுங்  
கெடும்



# நில கவனி செல்

SELF ANALYSIS  
ONCE A YEAR







**RAISING YOURSELF  
and See the World**

**Create a  
'Stop Doing List'**



**செய்துக்க  
அல்ல  
செயக்கெடு  
ம்**

# DOING THINGS TIMELY





A scenic landscape at sunset or sunrise. A dirt road winds through tall, golden-brown grass. In the background, a hillside with bare trees rises under a sky with soft, orange and yellow light. The sun is low on the horizon, creating a lens flare effect.

The road to success is  
through commitment.

Will Smith



# COMMITMENTS

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**PROFESSIONAL**

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**FAMILY**

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**SOCIETY**

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**PERSONAL**



03.



# PROFESSIONAL WORK



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AS A SURGEON







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## **SAFE SURGICAL PRACTICES**

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**SURGEONS ATTITUDE**

**ENVIRONMENTAL  
ADAPTATIONS**

**BASIC SKILL & KNOWLEDGE**

**Surgeon's attitude and mindset**

**MORE IMPORTANT THAN**

**Surgical Skill**



**Proper case selection capability, accurate  
preop staging, appropriate preparation and  
meticulous postop care**

**MORE IMPORTANT THAN**

**Doing Surgical Procedure**

# IS OPERATING SURGEON REALLY A PROGNOSTIC FACTOR?

there is a difference....

**ONCOLOGICAL OUTCOME**

Fact, always known but scientifically  
and statistically accepted only recently







# SURGICAL PRACTICE

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- UPDATE KNOWLEDGE & TRAINING
- BRANDING
- HIGH-TECH GADGETS
- INNOVATIVE PROCEDURES
- NATIONAL WIDE IMAGE
- CONDUCT CME, WORKSHOPS, AND CONFERENCES

# PT WORK UP ?

•



- **DIAGNOSE THE CANCER**



- **EVALUATING THE TUMOR BIOLOGY**



- **STAGING THE DISEASE**



- **ASSESS THE GENERAL CONDITION OF THE PATIENT**



- **FORMULATE THE TREATMENT IN TUMOUR BOARD**



# AIM of the Treatment

Cure

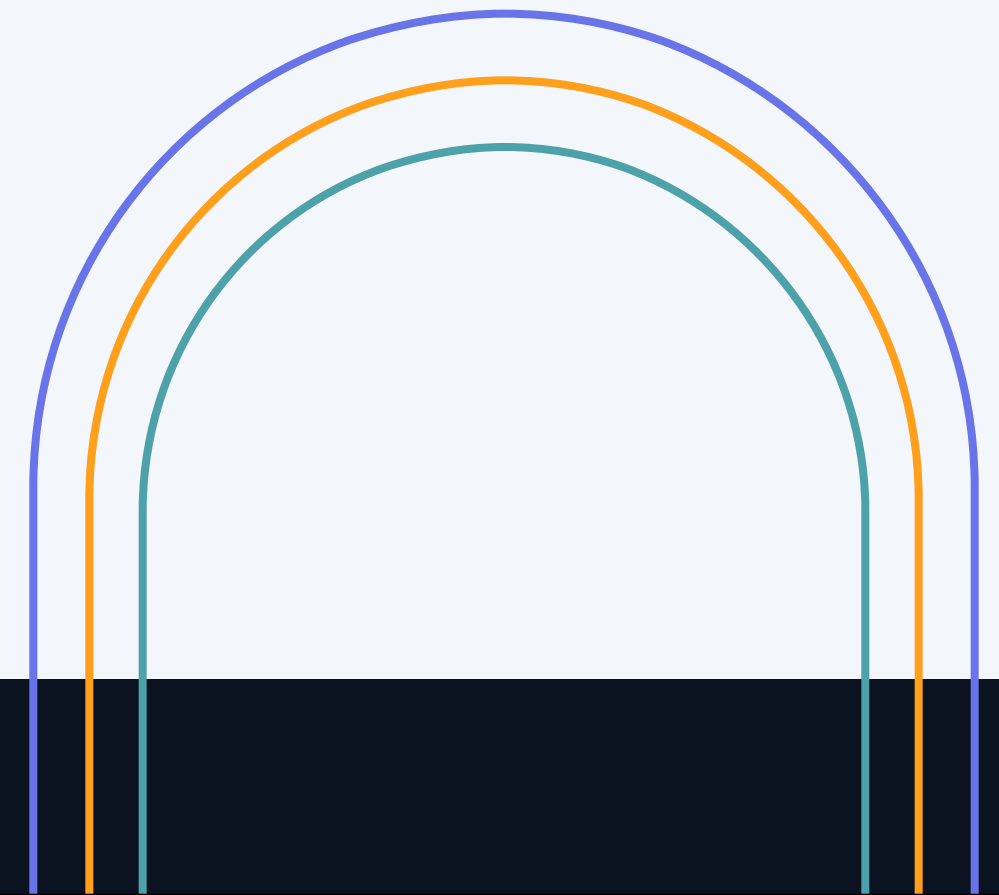
Minimize the treatment related complications

# GAP BETWEEN – CURE Vs COMPLICATIONS

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**SAFETY MARGIN IS NARROW**





- It does not compromise



**Radicality of resection**



## ‘PERSONALIZING CARE’

- “Oncology is no longer a one-size-fits-all
- " Tailor treatments to an individual's or to a tumor's unique biology, which helps us to improve outcomes for patients by matching the

Right treatment to  
Right patient at  
Right time.”



## HOW SURGERY SHOULD BE DONE?

*In all the moments of a surgeon there should be neither haste nor waste.*

*It matters less how quickly an operation is done than how accurately it is done.*

*Speed should result from the method and practical facility of the operation and should not be his first and formal intention.*

## HOW SURGERY SHOULD BE DONE?

*Every movement should tell and every action should achieve something.*

*A manipulation if it requires to be carried out should not be half done and hesitatingly done. It should be deliberate, firm, intentional and final.*

*Lord Moynihan*



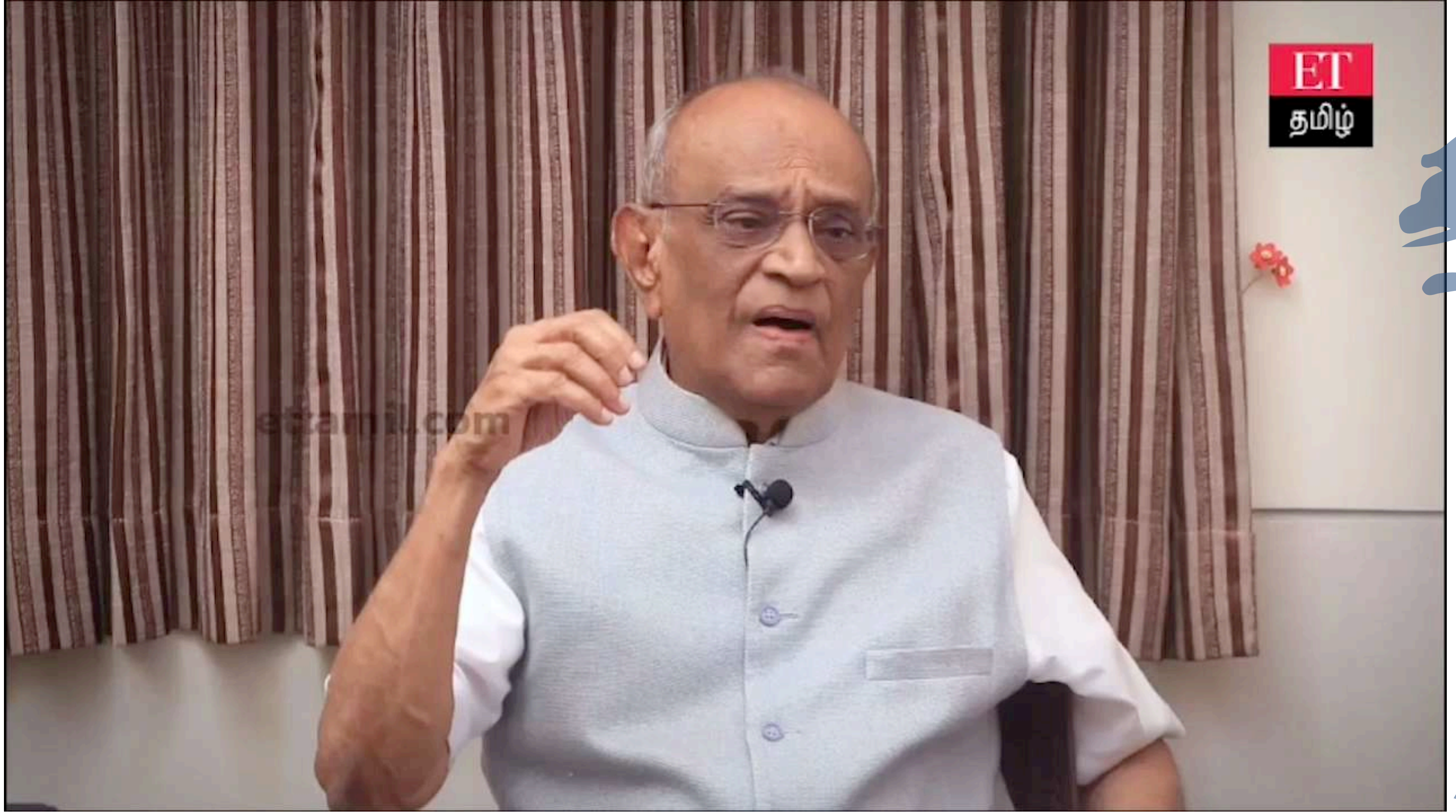


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**AS A HOSPITAL OWNER**







# HOW HOSPITAL OWNER SHOULD BE ?

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- Professional Doctor
- CEO / Admin Head
- Finance - Planner / Auditor
- Marketing Manager / Analyzer
- Public Relation Officer



**“Owners are not replaced by anyone**

**As an investor, he should be the multi-tasker”**

# OWNERS ATTITUDE

*Don't be busy.  
Be productive.*

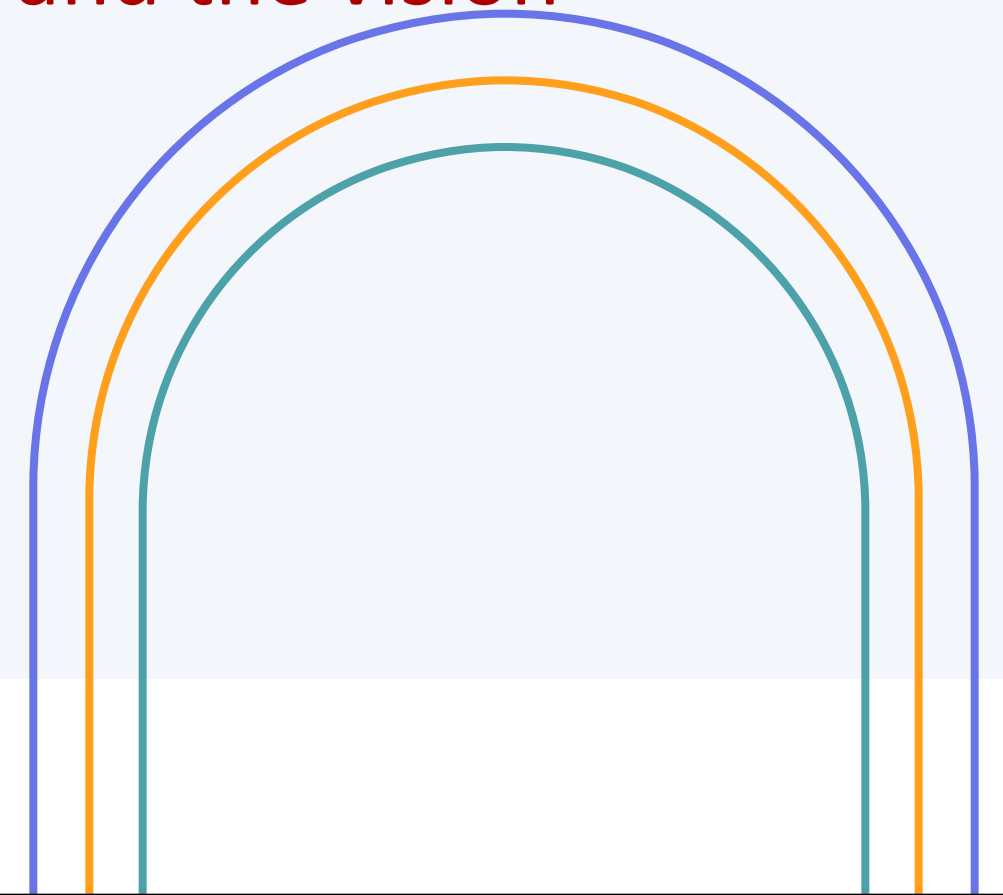


# Working ON. VS Working IN. your business



Working IN your business is anything that's a job execution,

Working ON your business, however, includes anything strategic:  
business strategy, marketing strategy,, research, and the vision  
and decisions



# FIREFIGHTING Vs PROACTIVE MANAGEMENT



- A firefighting type of management indicates a more reactive, **the person in charge has spending his most valuable time in solving the problem.**
- Proactive management means anticipating needs and challenges. **Person in charge has spending his most valuable time for developmental activities.**



# CLINICAL WORK WITH ADMIN WORK

Don't mix



# CAN BE REPLACE WITH SOMEONE

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Professional Work	Selectively
CEO / Admin Head	NO
Finance - Planner / Auditor	NO
Marketing Manager / Analyzer	NO
Public Relation Officer	NO

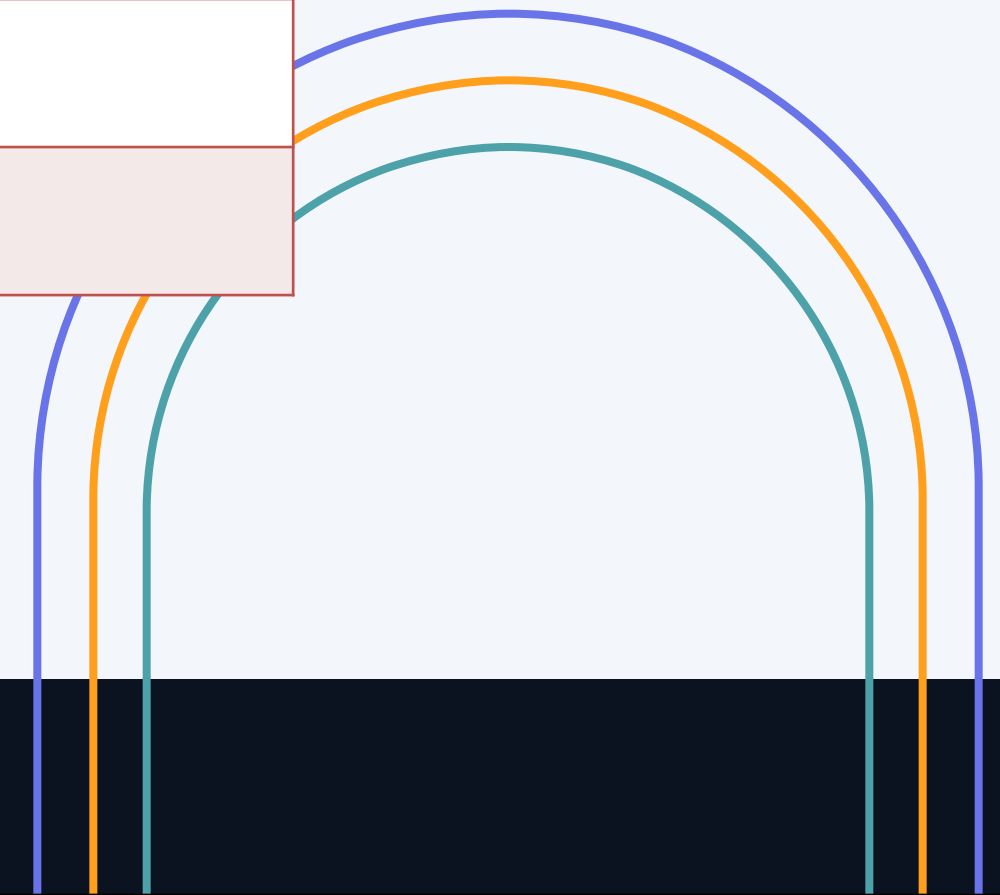


# REPLACE SELECTIVELY

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OP consultation	10 %
Surgery / Procedure	80 %
Ward Rounds	60 %





**BE  
EMPANELED  
WITH ALL  
INSURENCE  
COMPANY**



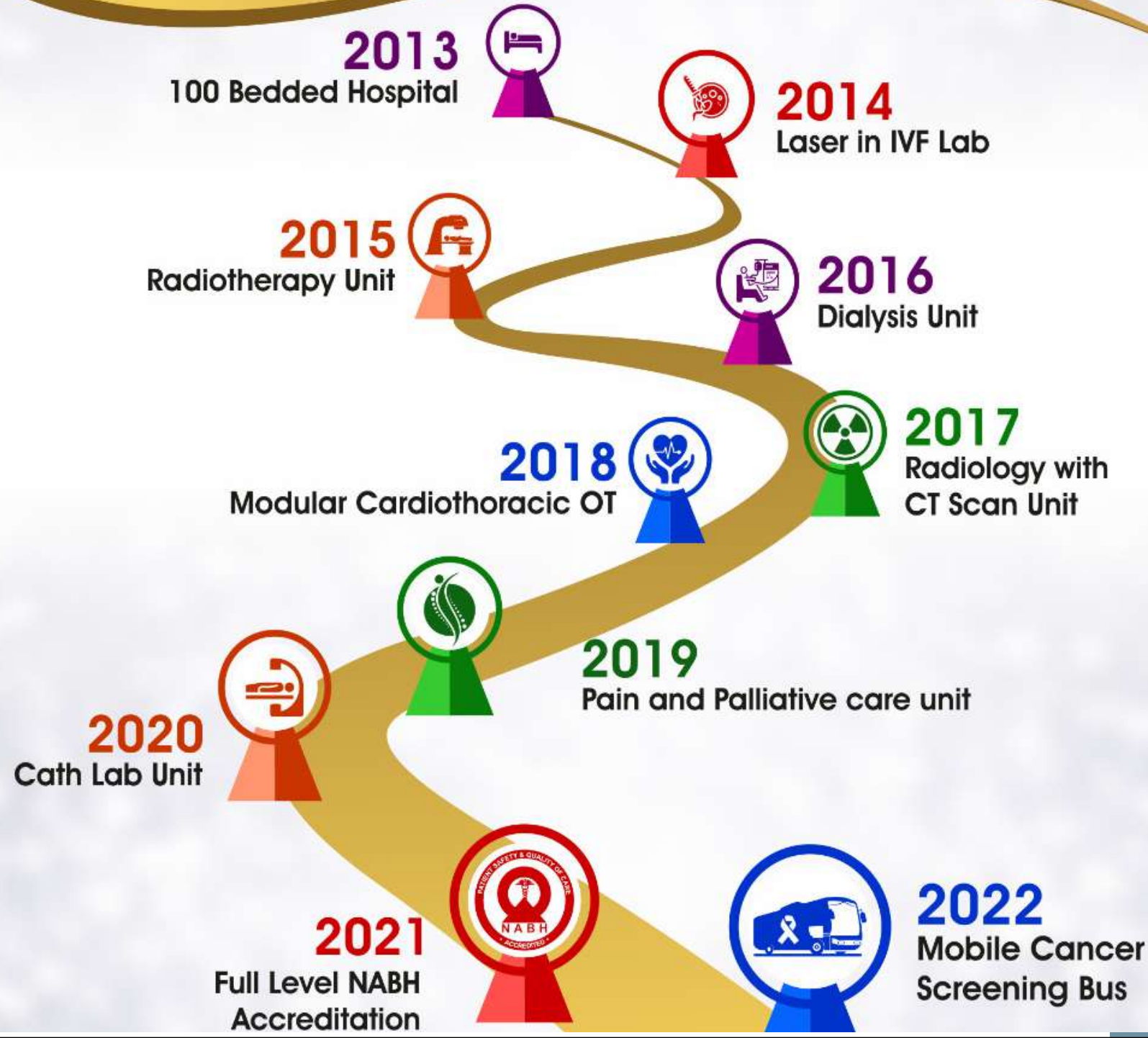


# உங்கள் குரு மருத்துவமனை



எங்களுக்கு பேராதரவும் நம்பிக்கையும்  
அளித்த தென் தமிழக மக்களுக்கு நன்றி

10.02.2023



## REVIEW THE PATHWAY





**To Aware The People What You 'Re Doing**



05.



# PROFESSIONAL SUCCESS



A scenic view of a mountain peak, likely El Capitan, with a quote overlay. The image shows a steep, rocky cliff face on the left, with a valley and distant mountains in the background. The sky is a soft, hazy orange, suggesting a sunrise or sunset. A quote is displayed in two dark rectangular boxes with white text.

It is the end result  
that counts.

Alexey Brodovitch



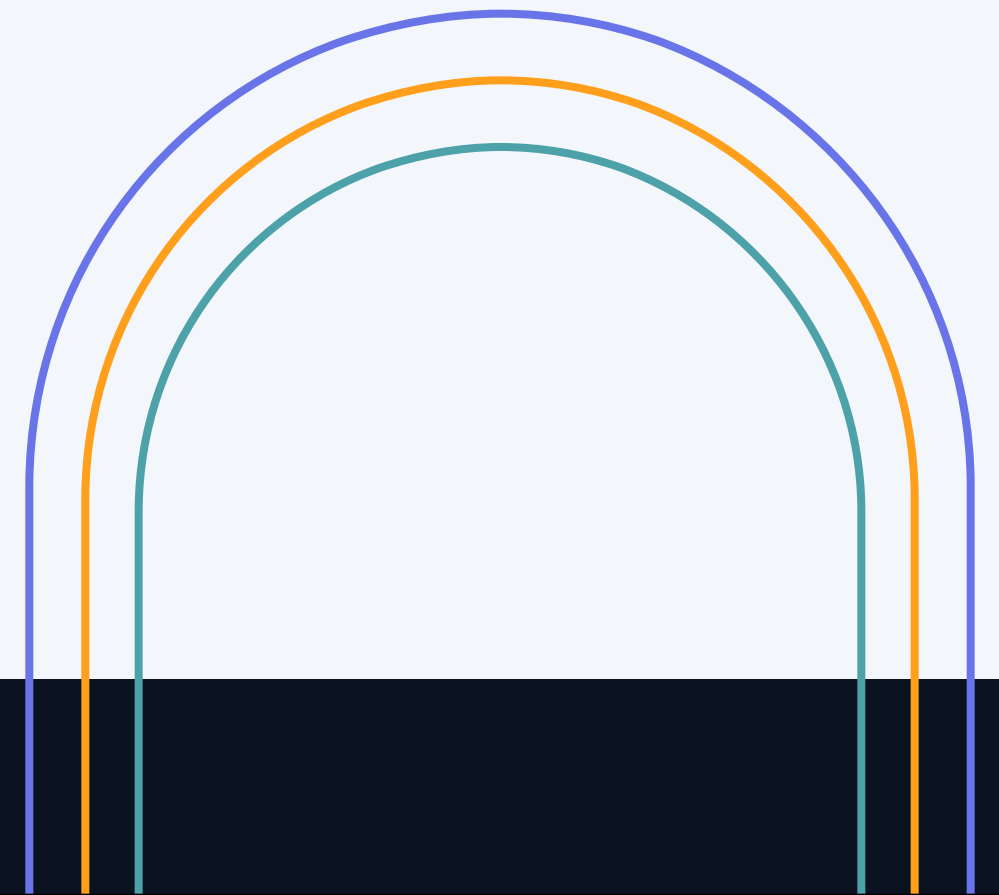
# PUT FAITH IN YOURSELF

- Put faith in yourself that you can do it.
- Visit as many hospitals as possible -together ideas about buildings and machinery.
- No holiday, every day is a "**Holy day**"



***They can because They think they can***

**UPDATE**







அறிவெனச் சொல்வது யாதெனக் கேட்டேன்  
அறிந்து பாரென இறைவன் பணித்தான்.  
– கவிஞர் கண்ணதாசன்

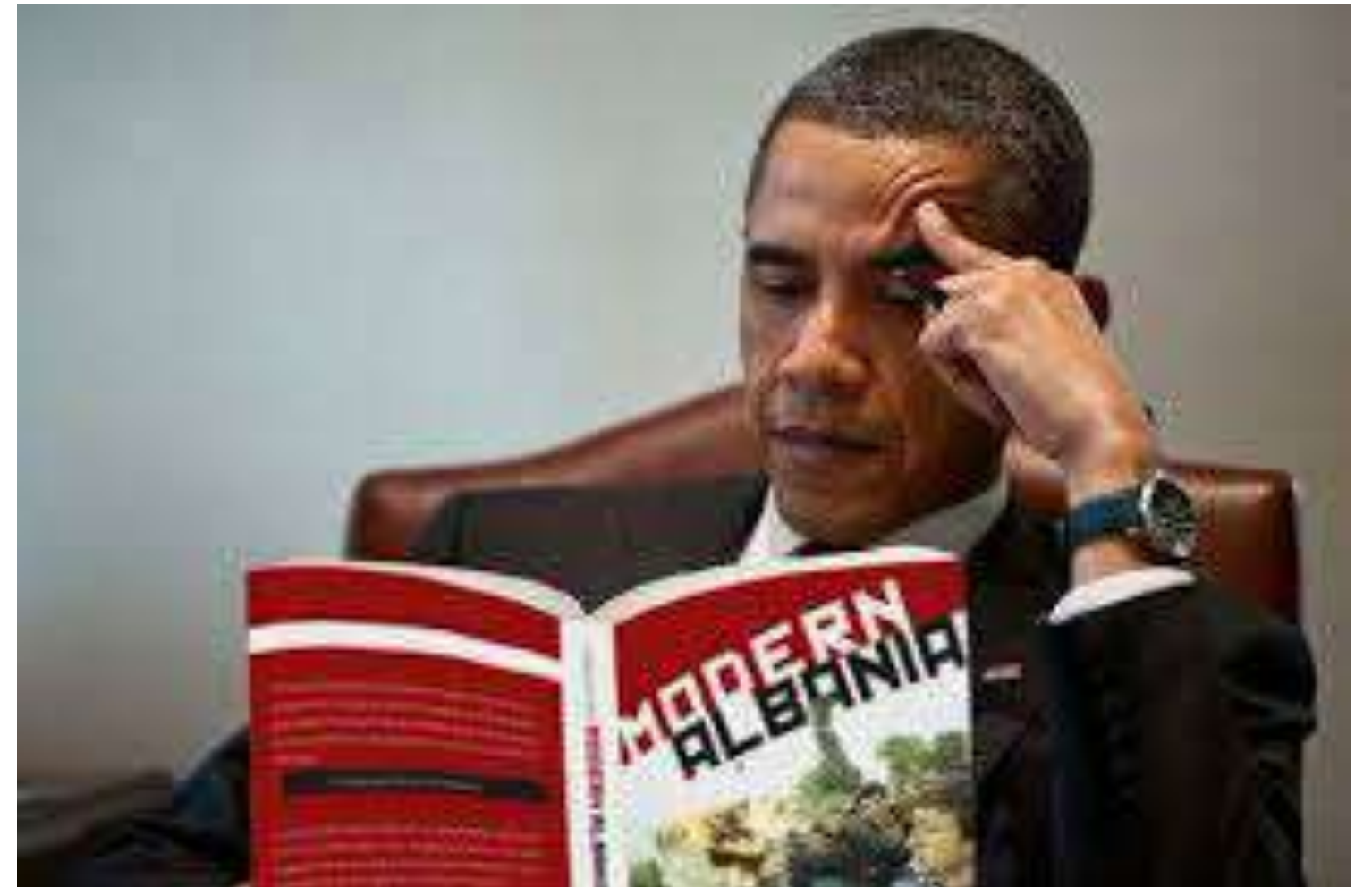
**EXPERIENCE IS KNOWLEDGE**

# READING HABITS

- Learn new techniques at least once a year
- Take time off to do so

**Otherwise, you will be**

**‘Residue’ and Someone will remove**





# TEAMWORK



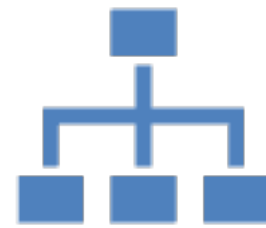


# TEAM WORK

Engage and empower staff:

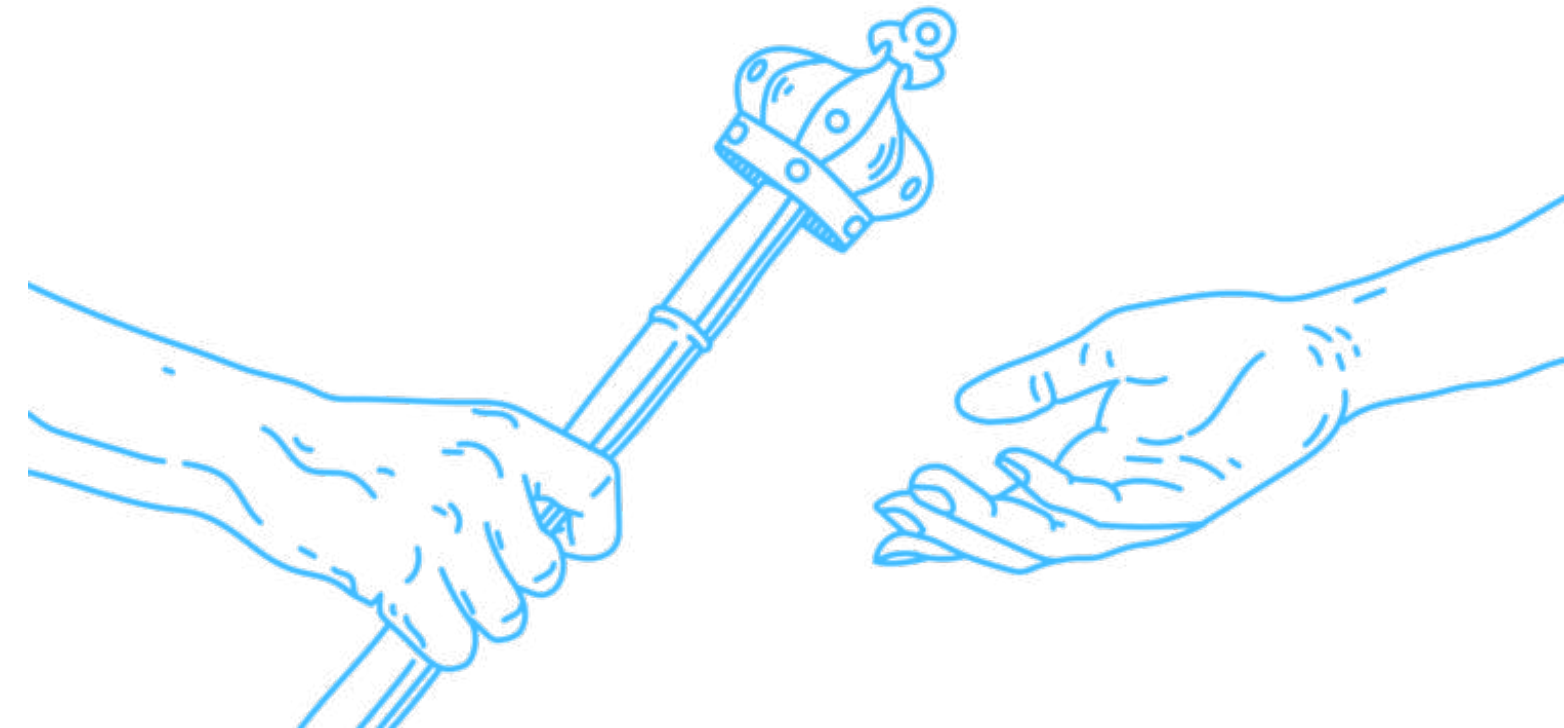






## POWER OF D

Delegation empowers a subordinate to make decisions,  
i.e. it is a shift of decision-making authority from one organizational level to a lower one.



# POWER OF DELEGATION





**Talented team**

01

**Traction**

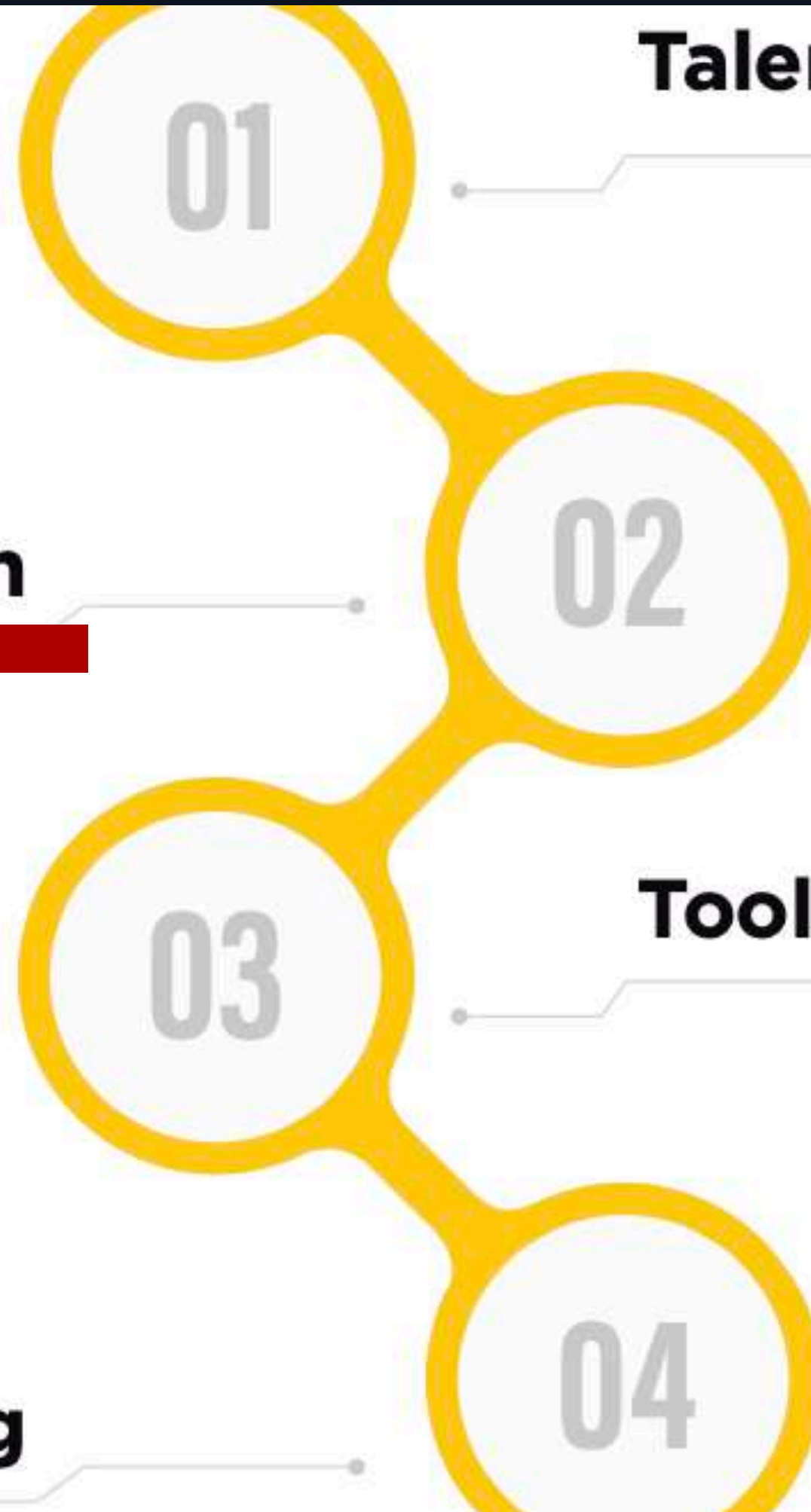
02

**Tools and Technology**

03

**Training**

04



SMART  
WORK







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# STANDARDES – SOP



Hospital should have  
appropriate **STANDARDS**

**APPROPRIATE STANDARDS**

That defines the structures  
and process that must be  
substantially in place in an  
organization



Hospital should  
have appropriate  
**PROCESS**

**APPROPRIATE PROCESS**

A set of interrelated  
or interacting  
activities which  
transforms inputs into  
outputs.



STANDARD +  
PROCESS =  
**COMPLIANCE**

---

Patient requirements, care and safety,

Controlled Documents –  
Documented procedures and policies.



# TROUBLE SHOOTING





# CAPTURE?

- When there is a deviation  
in Procedure, Process and safety measures

**Very few are reported & Analysed .**

- Hence the Organisation should have own Capture Mechanism  
to find out the deviations .

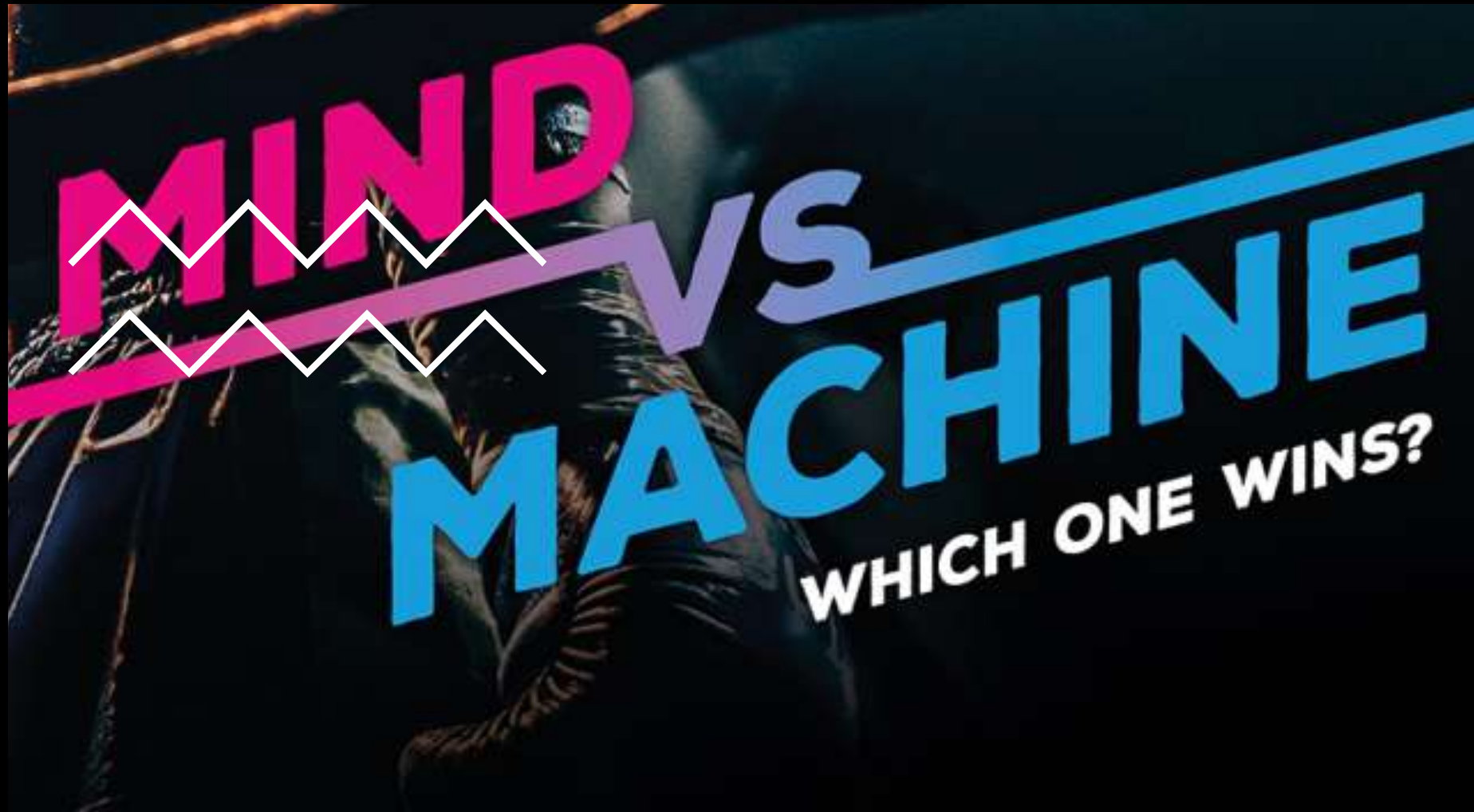
# CAPA?

- **ROOT CAUSE ANALYSIS:**
  - Root cause analysis (RCA) is a method of problem-solving that tries to identify the root causes of faults or problems that cause operating events
- **CORRECTIVE ACTION :**
  - Action to eliminate the cause of the incident and to prevent recurrence
- **PREVENTIVE ACTION :**
  - Action to eliminate the cause of a potential to occur



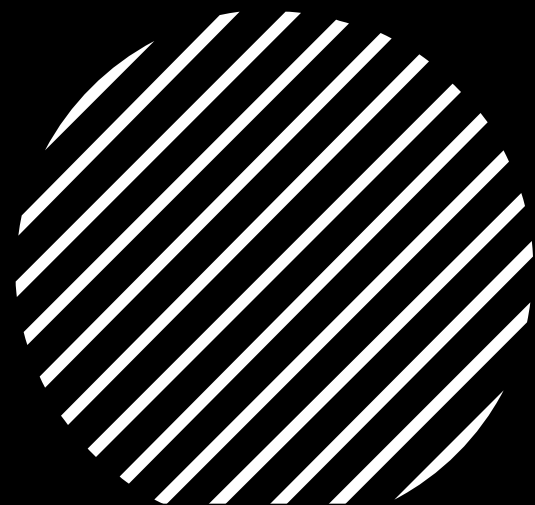


**TECHNOLOGY**



High technology gadgets can significantly impact professional success in the medical field by improving patient care, diagnostic accuracy, and overall efficiency.

High-tech surgical tools and systems assist surgeons in performing complex procedures with greater precision, reducing risks and improving patient outcomes.





A close-up photograph of a robotic hand, likely from a surgical robot, holding a surgical instrument. The hand is made of a reddish-brown material and is gripping the handle of a metallic, gold-colored surgical tool. The tool has various mechanical components and a textured grip. The background is dark and out of focus.

**SURGEON SHOULD BE  
MASTER FOR ALL  
MACHINES**

**MACHINES ARE THE  
SLAVES FOR SURGEON**



**JUST RIDE THE  
TECHNOLOGY**





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# FEEL FREE APPROCH



- A "**FEEL FREE**" **APPROACH** to achieving success in your profession involves
- Creativity,
- Flexibility,
- Open Communication.





# CONSULTATION WITH SYMPOTHY & EMPATHY



QUALITY



# குரு மருத்துவமனைக்கு தேசிய அங்கீகாரம் FULL NABH ACCREDITED HOSPITAL







**National Accreditation Board for  
Hospitals & Healthcare Providers**

(Constituent Board of Quality Council of India)



**CERTIFICATE OF ACHIEVEMENT**

*This is to certify that:*

**Dr. S.G.Balamurugan**

has attended NABH Assessor course based on  
**Hospital Assessor Training Program on 5th Edition Accreditation Standards**  
and passed the ongoing assessment and written examination conducted during  
**27/01/2022 - 31/01/2022, Virtual**

The course is conducted by National Accreditation Board for Hospitals & Healthcare Providers as a prerequisite criteria  
for empanelling successful candidates as NABH Assessors for assessing Healthcare Organisations based on the above-  
mentioned Standards

**Certificate Number  
S-44- 882**

**Dr. Atul Mohan Kochhar  
CEO - NABH**

To verify the authenticity of certificate, visit our website [www.nabh.co](http://www.nabh.co)  
Certificate Generated on 02-01-2023

**NABH ASSESSOR QUALIFICATIONS**



06.



FAMILY





அடிச்சது  
யாருடா?

**ALWAYS  
BALANCE  
YOUR  
PROFESSION  
& FAMILY**





# FAMILY FIRST.

## WORK NEXT.

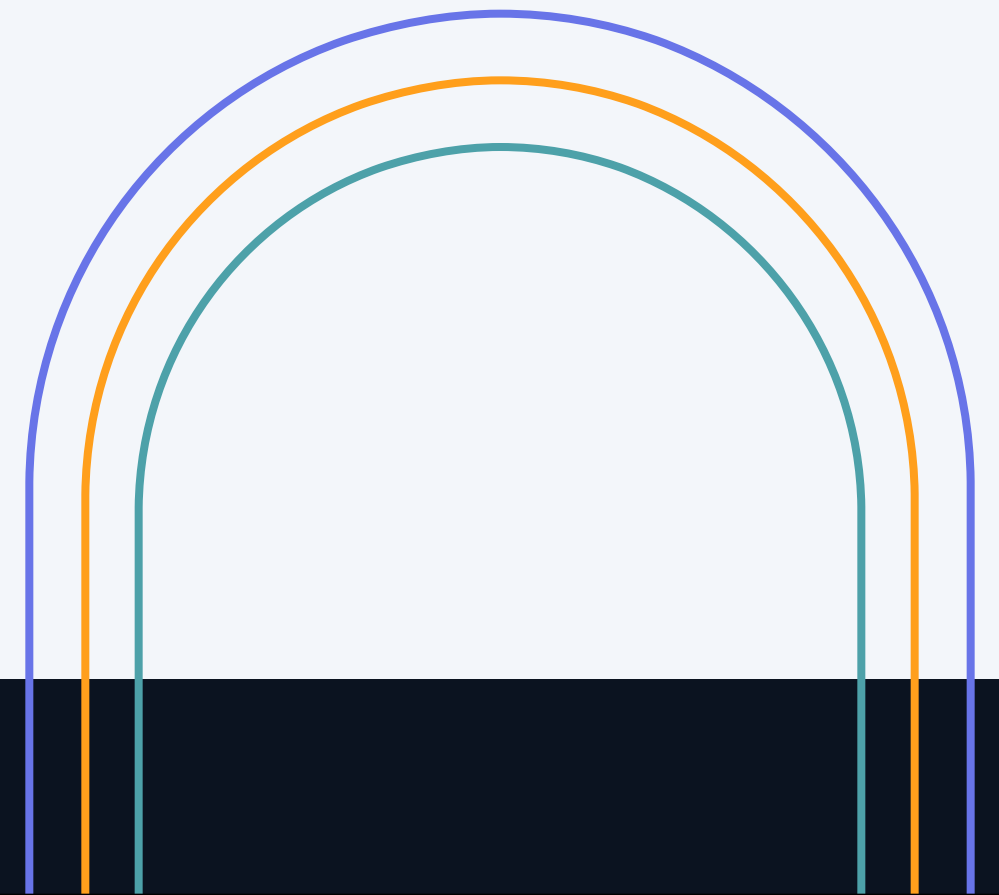
because, there's no replacement  
for a family lost.



# FAMILY



**WIFE**

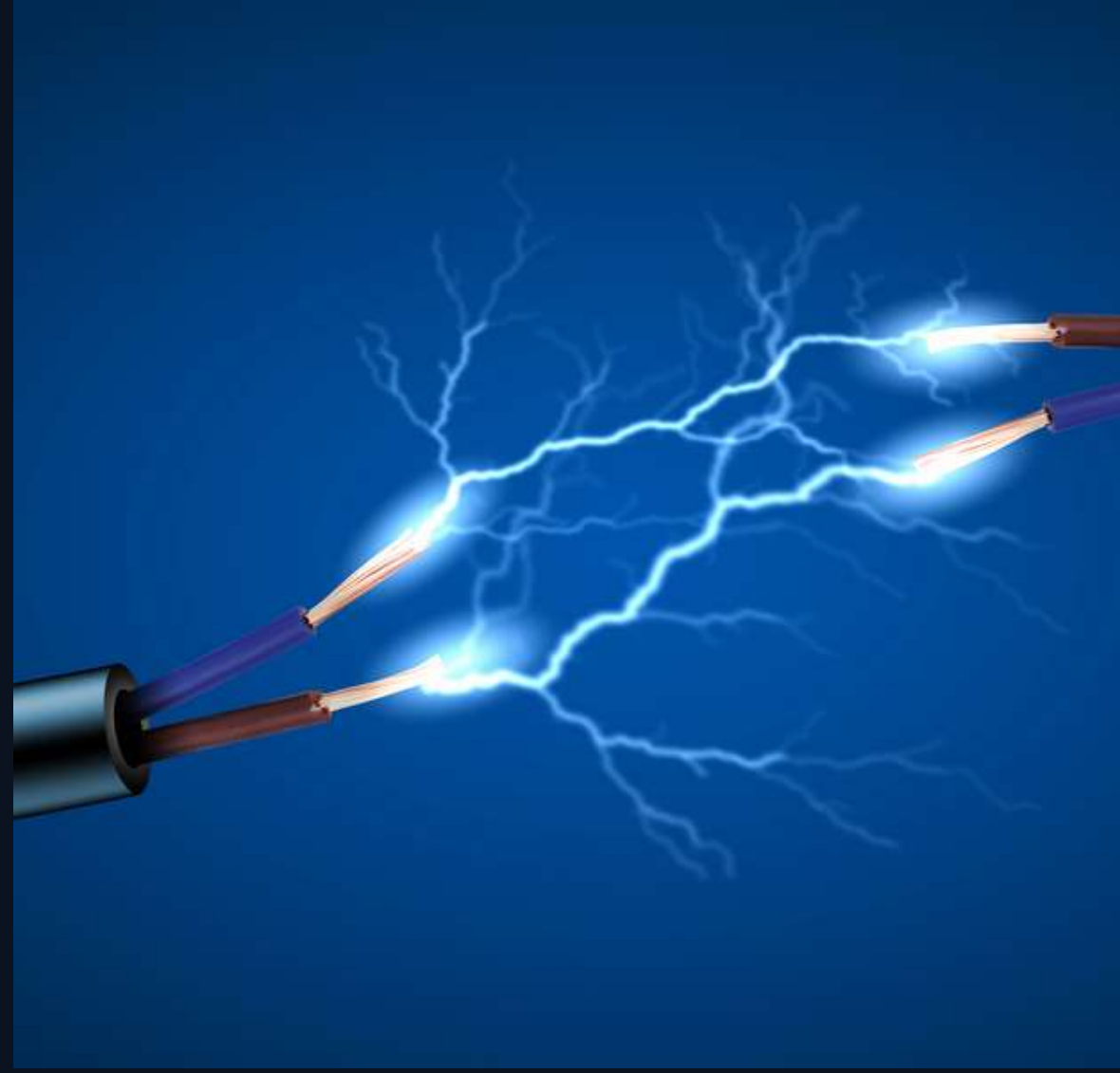




**Dr. S.G. BALAMURGAN,**  
State NHB Secretary, IMA TNSB 2020 - 2021

**Dr. B. KALPANA**





DOUBLE EDGED



**Can't Manage  
My Boss  
or Wife!**

*Sadhguru*









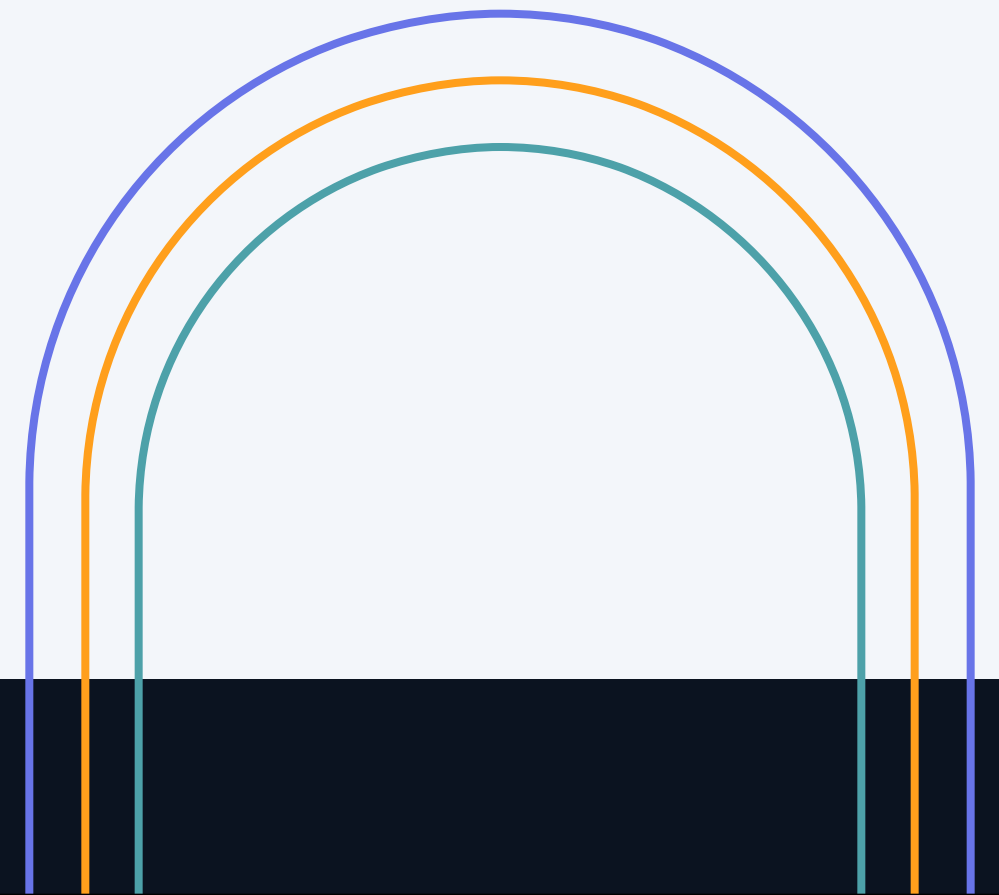


**ONLY OPTION  
SURRENDER**

சரண்டர்  
ஆன மாதிரி  
நடிக்கணும்



**CHILDREN**













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# WHAT IS YOUR RESPONSIBLE FOR UPLIFTMENT OF CHILDREN?

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- Parents have a crucial responsibility to teach values, and guide them towards becoming responsible, well-adjusted individuals.
- Parents should encourage their children to develop a love for learning and provide them with educational opportunities that suit their interests and abilities.
- Encouraging Independence and Autonomy.



08.

SOCITEY





# ASSOCIATE WITH ASSOCIATION





# BENEFITS

Leadership Development:  
Professional Networking:  
Influence and Impact:  
Recognition and Reputation:  
Personal Satisfaction:







# TNASI

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**NATIONAL ASI**





**Cancer Surgery Camp At Mizorum  
Social Activities Of ASI**



# AS A SECRETARY OF TNASI

**BEST  
STATE  
CHAPTER  
AWARD**





**AS A SECRETARY OF MADURAI CITY BARANCH**

**BEST CITY  
BRANCH  
AWARD**







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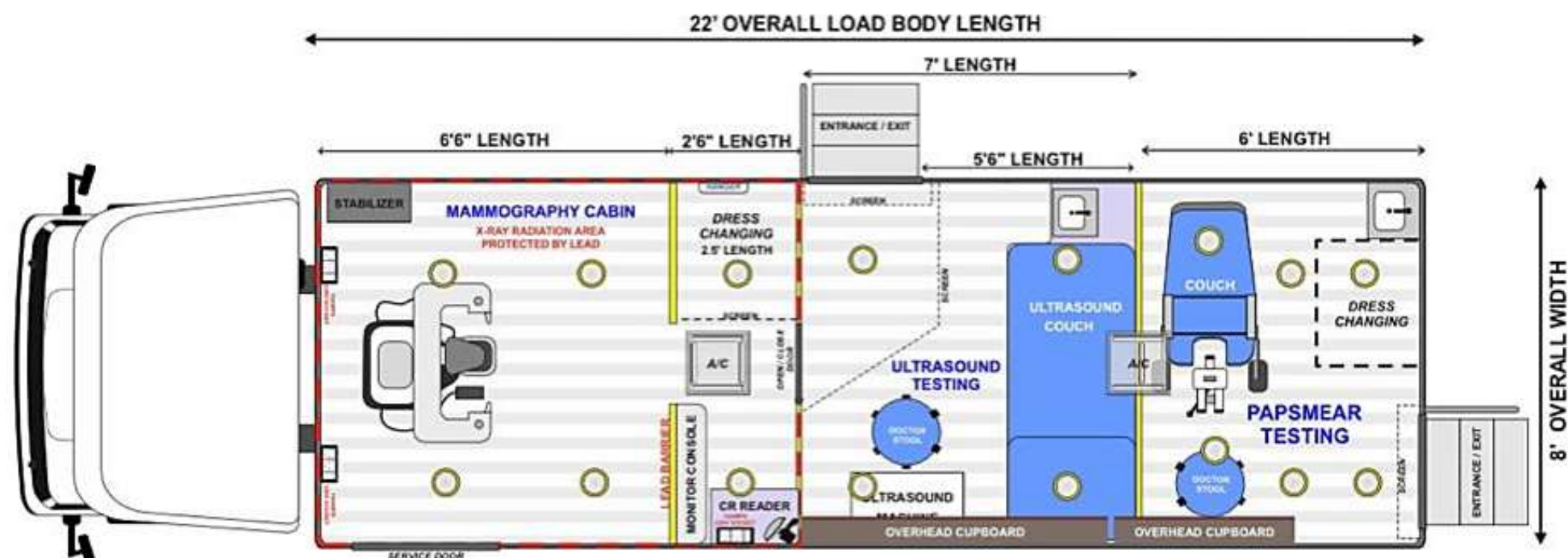
# PUBLIC AWARENESS





TOP VIEW LAYOUT DRAWING

MOBILE MAMMOGRAPHY ON WHEELS  
ASHOK LEYLAND 1415HB / 4900MM WB



Jesai	Part Description:	PR/RCM/624	Model	ASHOK LEYLAND	Customer Name	ROTARY CLUB OF MADURAI
	Drawing No:	001/R05A/1602	Quantity	1 NO	Model	MOBILE MAMMOGRAPHY
	Revision No:	00	Project No:	624	Customer Ref. No.	PR/RCM/624-001
					Country	INDIA

Scales: Not To Scale / All Dimensions are in inches

Jesai Healthcare India Pvt Ltd,



# CANCER SCREENING BUS



*Our sincere thanks to...*

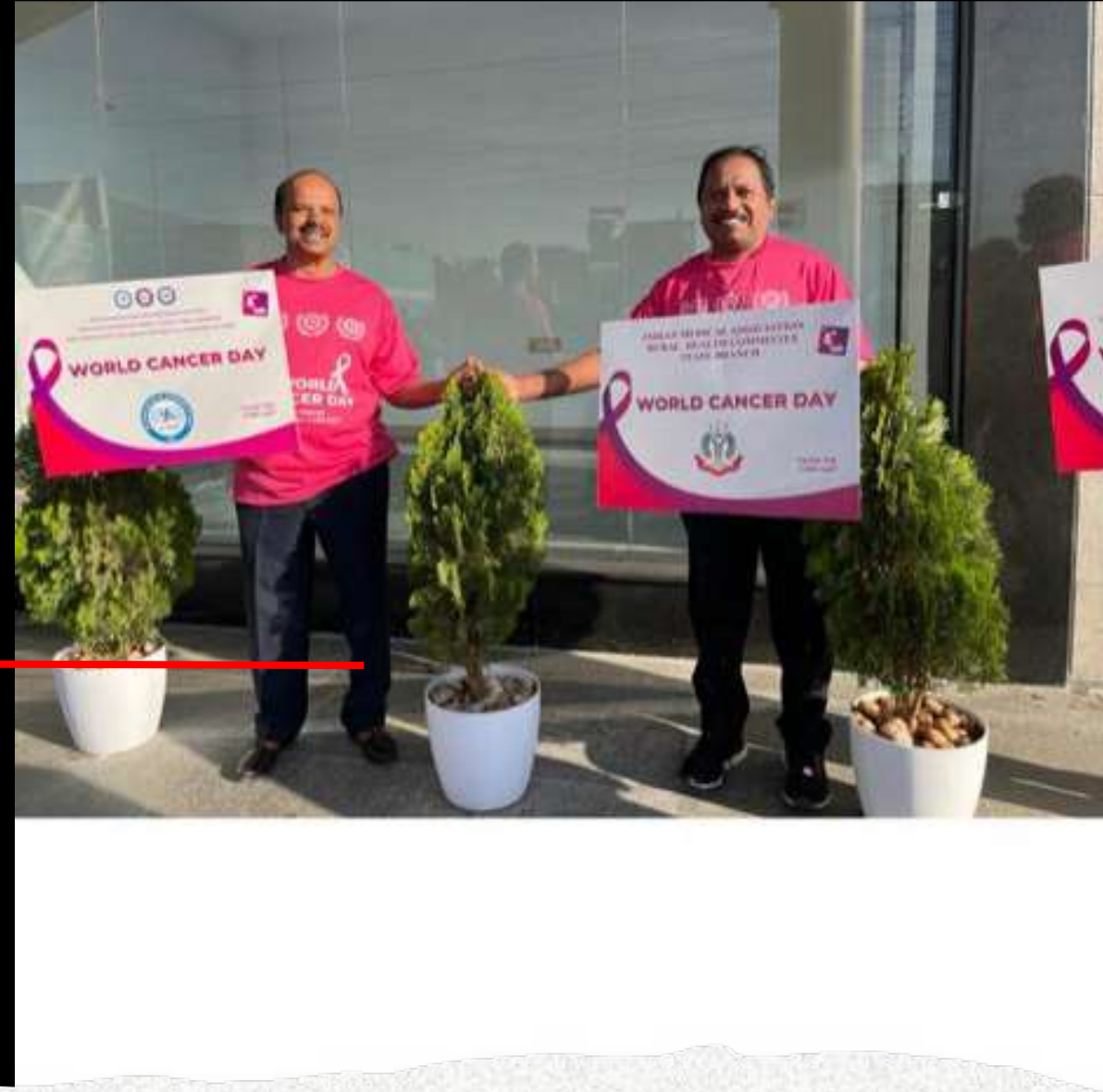


**DR. A. ZAMEER PASHA**



**DR. K. GOVINDRAJ**





# CANCER AWARENESS



# ONCOLOGY BOOK RELEASE - புற்றுநோய் விடியலை

நோக்கி..





# தமிழியக்கம் - தமிழ் அறிஞர்களுடன்














08.



# PERSONAL HOW SHOULD BE



**DON'T COMPARE  
YOURSELF WITH  
OTHER PEOPLE;  
COMPARE YOURSELF  
WITH WHO YOU  
WERE YESTERDAY.**

**- JORDAN PETERSON**



# GUIDENCE FROM MENTOR

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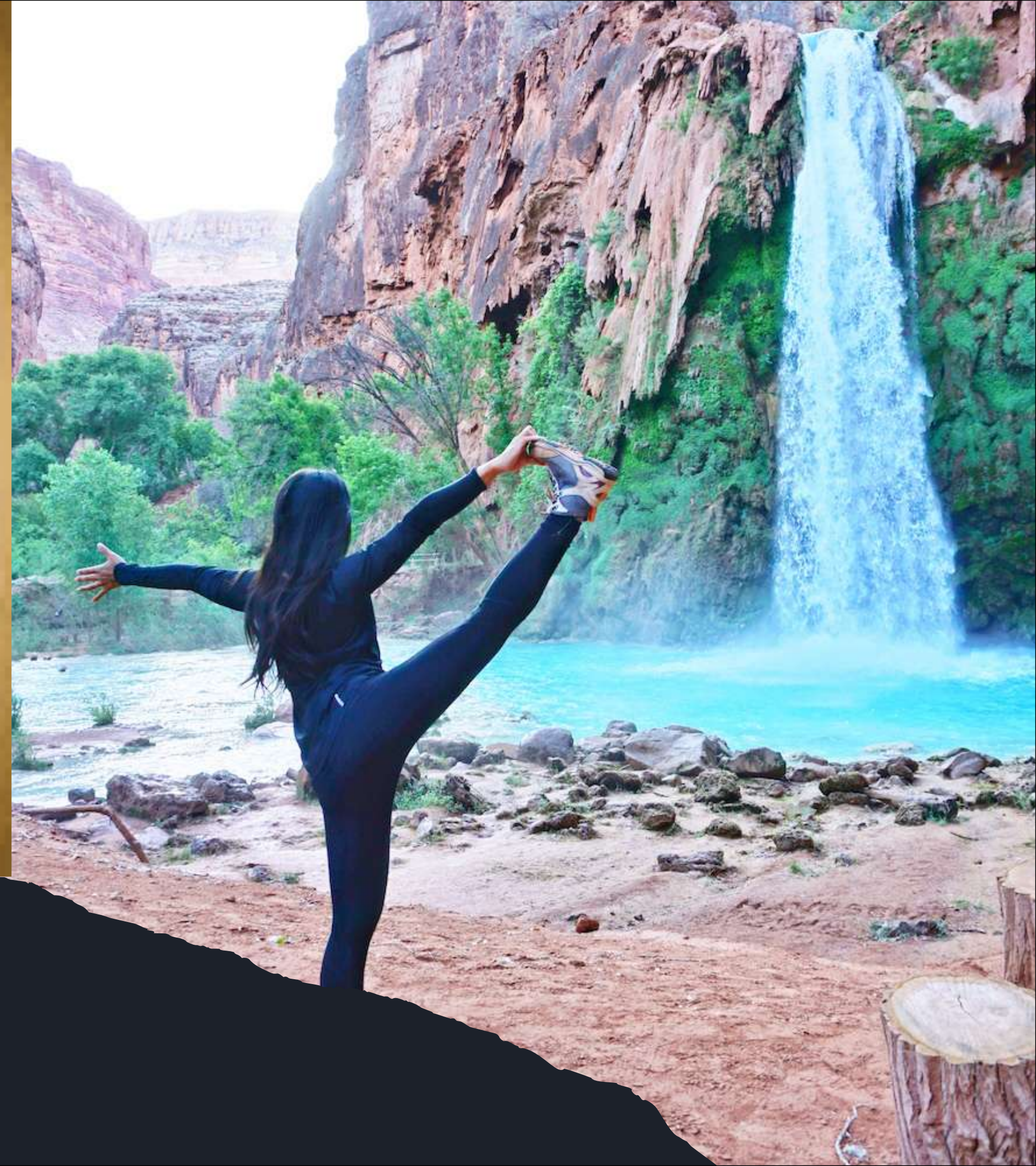


GUIDENCE FROM ACHIEVERS



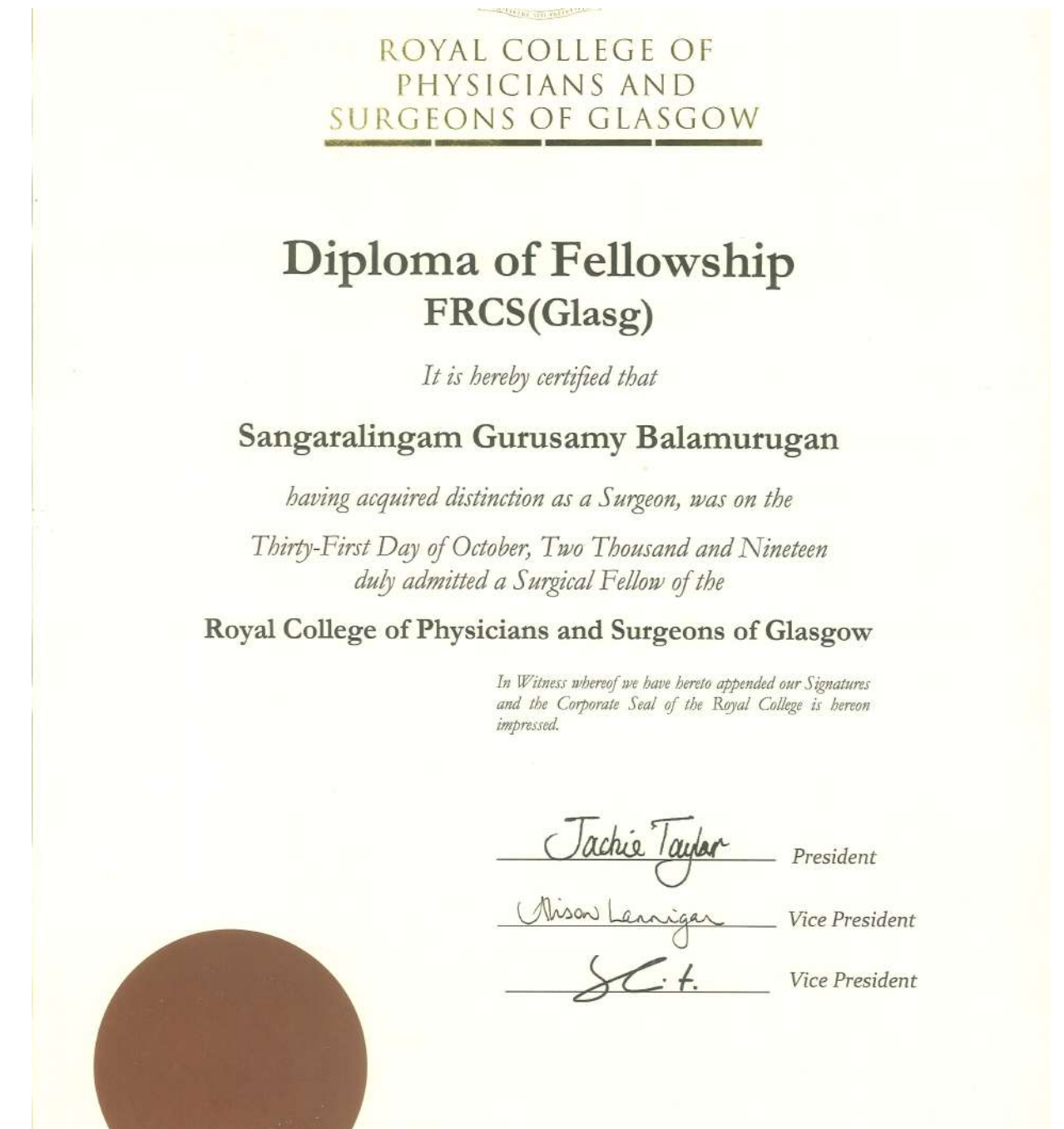
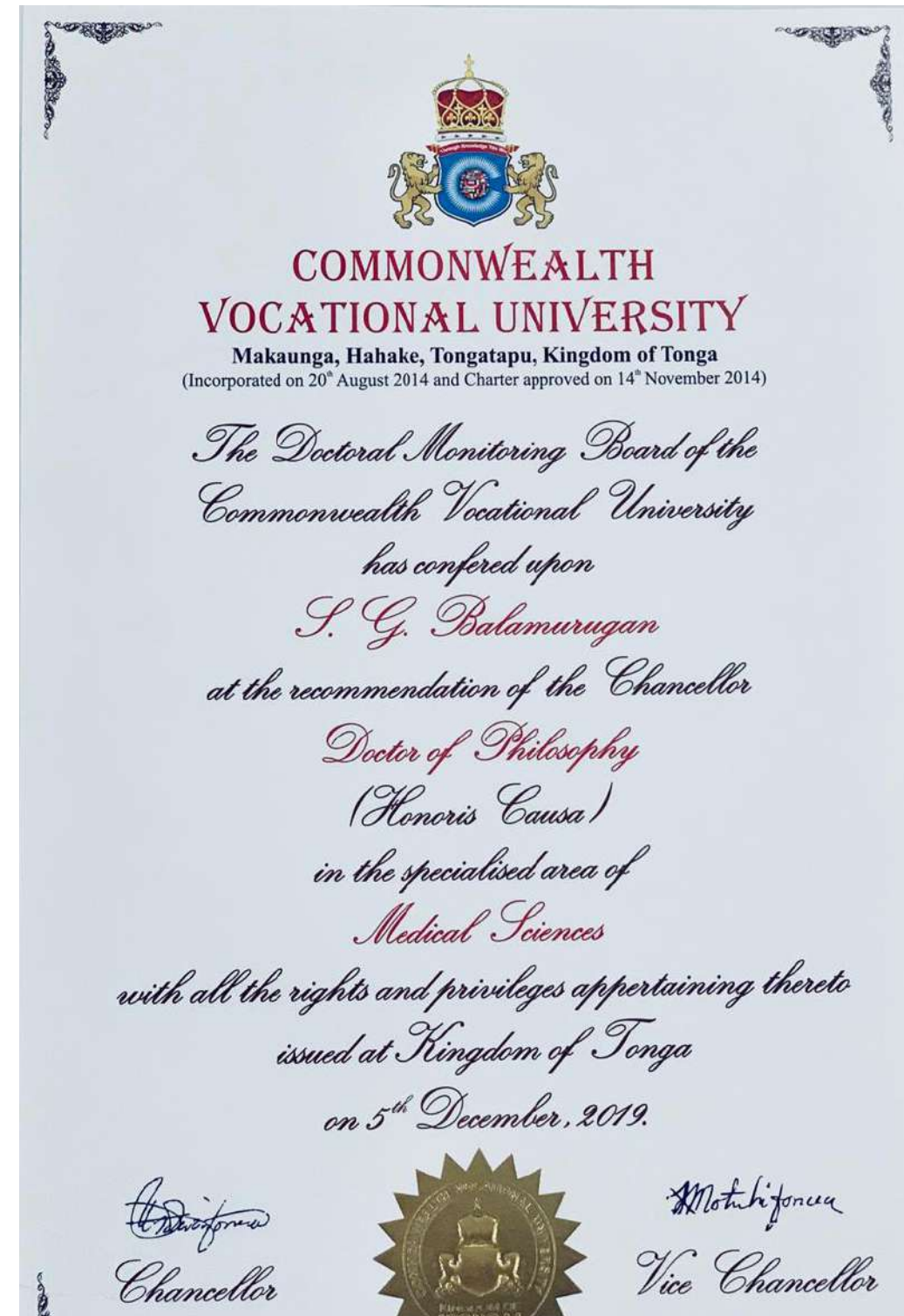
Do good.  
And good will come to  
you.

**GOOD WILL**





# EVER LEARNING





# Teaching - Mingle with students







நான்  
வந்துட்டேனு  
சொல்லு  
ஸ்கூல் போகாம  
திரும்பி  
வந்துட்டேன்னு  
சொல்லு

www.facebook.com/  
gforgo

DRESS CODE???







**FLY HIGH**





# FULL FORCE



GET READY FOLKS  
01 10 10



# PRACTICE FEARLESSNESS





**IN CRISIS,  
DON'T FEEL,  
JUST THINK**



# மணி vs Money





# Time Vs Money



மணி



# DEEP LISTENING





# DEEP THINKING

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# MEDITATION

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# SPIRITUALITY

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# LIVE WITH NATURE







**RELAX**



BE JOYFUL. . .









காணி சோம்பல் கோடி  
கெடும்

**CARELESS**







**CARELESS**

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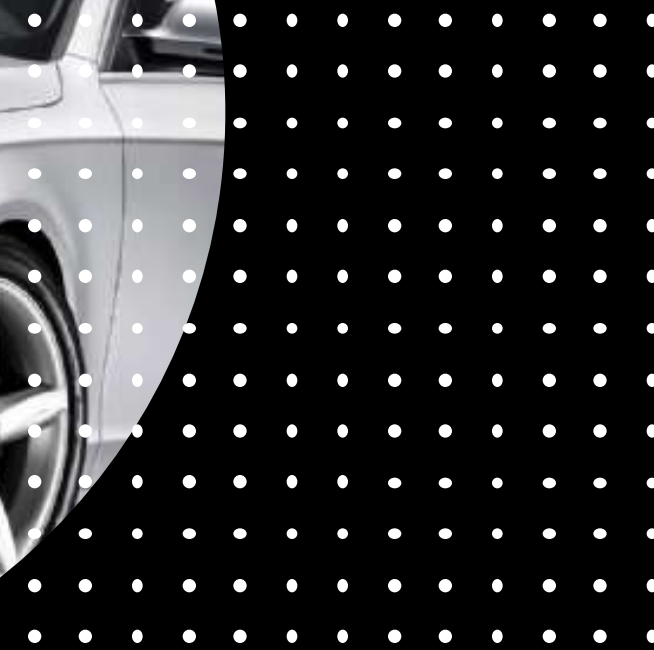
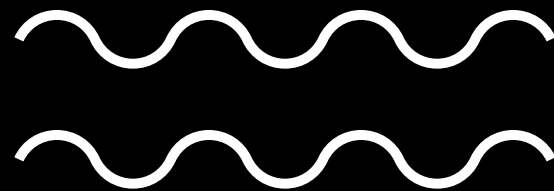


**RESULT**

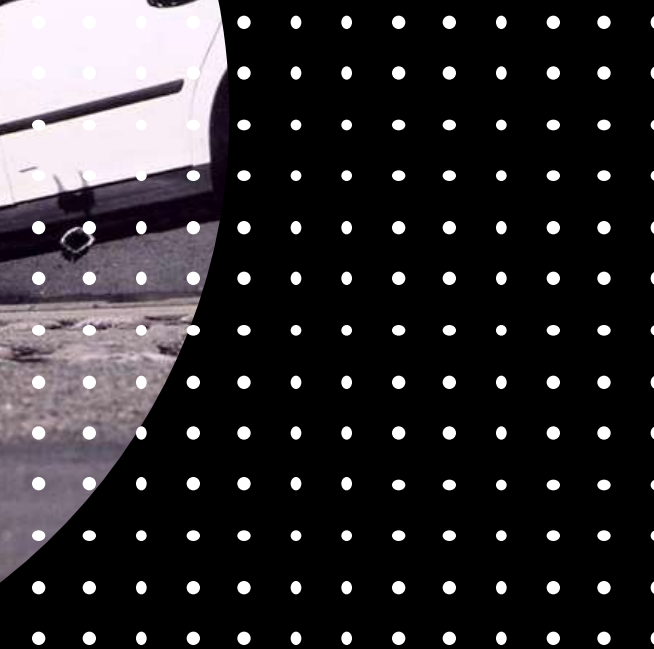
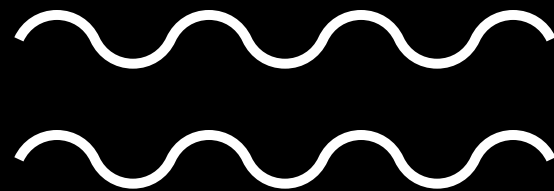




**TOO MUCH  
SPEED...**



**MAY TURN  
LIKE THIS. . .**





**DON'T ALLOW THE  
EXPLOITATION THAT  
LEADS TO HIT**



**EXPLORE YOUR  
POTENTIALITY?**







# TRAVEL

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As doctors, traveling to various places offers several advantages.

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\*Cultural Awareness:\*

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\*Medical Exposure:\*

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\*Networking:\*

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\*Adaptability:\*

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\*Personal Growth:\*

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Remember, each travel experience can bring unique advantages, contributing to your growth as a well-rounded and empathetic healthcare professional



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09.



# SOCIAL RESPONSIBILITY

# CANCER AWARENESS ACTIVITIES







**THE**

# **TAKE-HOME MESSAGE**

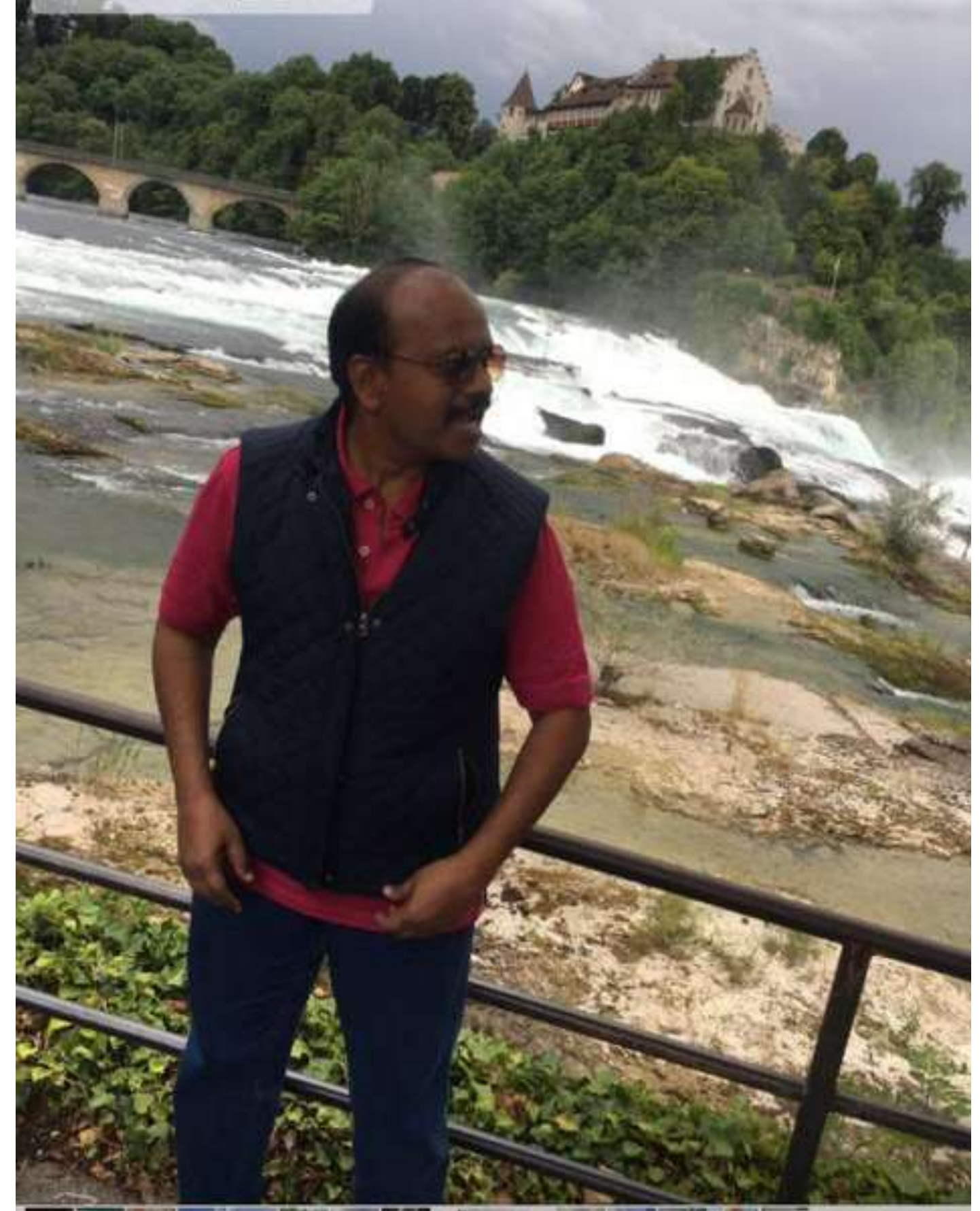
- **Absolutely,**
- Despite the challenges that doctors often face, the medical profession can provide immense satisfaction.
- The opportunity to make a positive impact on patients' lives, contribute to healthcare advancements, and alleviate suffering can be incredibly rewarding.







எழுத்து - இயக்கம்  
மரு.  
S.G.பாலமுருகன்







**THANK YOU...**